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**JULY 2007**

**ONLY 27 DAYS TO GO!**

Hi all,

As I write this, there's only 27 days go before the trip and I currently have the final count down theme buzzing round my head. Anyway, no time to laugh at my poor taste in music, you are holding a jam-packed Kandersteg Update which includes a huge amount of important information to be digested. It includes the kit list, the travel itinerary, meeting instructions, uniform instructions, camp bank information, details of the kit check, home contact information, an article about our website and much, much more.

This Kandersteg Update is the most important of the lot and it is vital that everyone takes the time to sit down and read through it. It also contains important information of how to contact us whilst we are away so make sure you keep it in a safe place at least until Saturday 25th August when we're all back safely.

All the final arrangements are coming together and we will be holding combined parents information and Scout Preparation meeting on Thursday 26th July. We will be running final group activities for the Scouts between 7:30 and 9:30 and then holding a parents briefing from 8:45 to 9:30. If you have any questions before the camp then my mobile number (and other leader's mobiles) are listed in the contact section at the back. Whilst mentioning mobiles, I need to remind everyone that it is vital you do not contact leaders via the mobiles whilst we are away. See the home contact section for information on how to get into contact with us.

Only 27 days to go, and there's a lot for you to read so I'll stop writing this article and let you get on to it. I hope to see most of you on Thursday 26th.

*Robert*

Robert Metcalf  
Scout Leader/Camp Leader  
4<sup>th</sup> Lewisham South Scout Group

# KANDERSTEG UPDATE

# FORMS, FORMS, FORMS

## Forms, Forms, Forms

We have asked parents to provide a number of forms. We will be checking that we have received all the required forms and contacting you if they are missing. In case anyone has missed any of the forms they are listed below.

To comply with scouting regulations we will also need you to fill in a 'permission to camp' form. (Apparently paying us large amounts of money for the trip doesn't legally mean that you have given us permission to take your son/daughter on camp!) This simply needs to be signed and returned at the next meeting.

## Required Forms

- Copy of Passport and EHIC
- Food Form
- Medical Information Form
- Permission to Camp Form included in this Kandersteg update

## Optional Form

- Photo Exclusion Form
- Return this form if you do not wish us to use photographs of your Scout on our website.

## **DATES FOR YOUR DIARY:** **Thurs, 26th July**

**\*\*Kandersteger's Meeting\*\***  
**7.30 - 9.30pm**

**\*\* Parent's Evening \*\***  
**8.30 - 9.30pm**

**Brownhill Baptist Church,**  
**Brownhill Road, Catford, SE6 1AU**

**A chance for last minute questions, and group bonding for the travellers.**

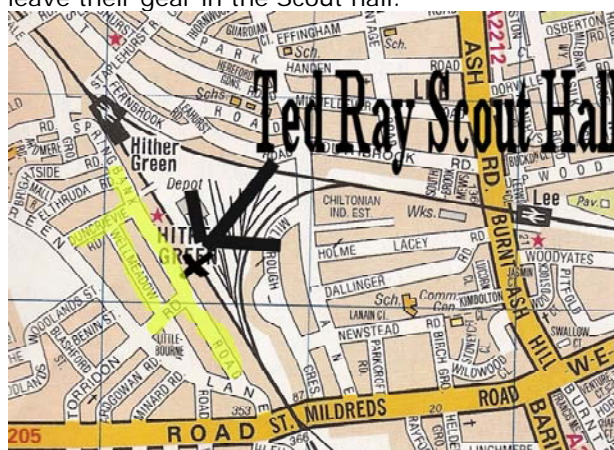
# TRAVEL ITINERARY - OUTBOUND

## Outbound Travel Arrangements

**Monday 13th August 2007**

**20.00 hrs – 21.30 hrs Drop in kit-check**

All Scouts arrive at Ted Ray Scout hall. Leaders will check every Scout has suitable items and provide each Scout with a list of any items they don't have. Scouts will leave their gear in the Scout hall.



**Wednesday 15th August 2007**

**14.45 hrs Arrive at Ted Ray**

All Leaders, Scouts and explorers must arrive by 14.45 at the latest. You will need to have had a main meal at lunch time before you arrive and come with a packed lunch.

**15.00 hrs Coach arrives Catford, London**

The coach will meet us at the Ted Ray Scout Hall and should park somewhere on Springbank Road, Duncricvie Road, or Wellmeadow Road. Kit loaded from Hall.

**15.30 hrs Coach departs Catford** (Travel approx 72 miles to Dover)

**18.30 hrs Check-in at port of Dover**

**19.30 hrs (UK time) Ferry Departs Dover**

During the journey across the channel Scouts will eat their packed lunch and option to buy food from Ferry.

**22.05 hrs (FR time) Arrives at Calais** (actual time on Ferry approx 1.5hr)

**22.20 hrs Coach departs Calais**

Route via Brussels and Luxembourg crossing the border into Switzerland at Basel. Approx. 495 miles to Hotel Egerkingen

**Thursday 16th August 2007**

**08.30 hrs Coach arrives at Hotel Egerkingen**

Breakfast stop and driver changeover point (breakfast is paid for by us in advance).

**09.30 hrs Coach departs Egerkingen** (Approx. 74 miles to Kandersteg)

**11.00 hrs Coach arrives Kandersteg**

Group disembark coach

# TRAVEL ITINERARY - RETURN

## Return Travel Arrangements

### Friday 24th August 2007

**11.15 hrs** Group load and board coach

**12.00 hrs** Coach departs Kandersteg International Scout Centre

Approx 24 miles to Thun

**13.30 hrs** Coach arrives Thun

Afternoon at leisure in this pretty lakeside town

### Friday 24th August 2007

**16.30 hrs** Coach departs Thun

Approx. 58 miles to Egerkingen

**18.00 hrs** Coach arrives Egerkingen

Approx. 65 miles to Colmar

**19.30 hrs** Coach arrives Colmar

Evening meal stop (Meal is paid for by us in advance)

**21.00 hrs** Coach departs Colmar

Approx. 422 miles

### Saturday 25th August 2007

**05.45 hrs** Coach arrives Calais

**06.30 hrs (FR)** Ferry departs Calais

**06.45 hrs (UK)** Ferry arrives Dover

**07.00 hrs** Coach departs Dover

Approx. 72 miles

**08.45 hrs** Coach arrives Catford

Group disembark

### Kit list, Kit check & Uniform

A lot of parents have asked us for a kit list for the camp. You should receive it as part of this Kandersteg Update. Apologies for not getting it out sooner. The Kandersteg International Scout Centre is situated high up in the mountains and it is very important that we are prepared for all types of weather. We strongly recommend NO JEANS as they are very cold when wet & take ages to dry. It is also a very long camp and it won't be easy to nip back home in case we have forgotten anything.

We have to plan for hot sun, pouring rain as well as chilly nights and cold weather. We are also planning plenty of adventurous alpine activities so we need to ensure we have equipment suitable for walking around mountains. (Suitable footwear being a must.)

As there is limited space in the coach we won't be bringing the usual large quantities of spare sleeping bags, ground mats etc. For this reason it is essential that all Scouts have the correct equipment.

### Kit Check

**Monday 13th August 2007**

**7:30 – 9:00**

**Ted Ray Scout Hall**

To make this easier we are running a kit check evening at the Ted Ray Scout Hall. This will be run as a 'drop in' evening. All Scouts are asked to drop in some time between 7:30 and 9:00 with all their gear packed and ready to go. Leaders will be on hand to inspect the gear and go through the items. We will be checking to ensure that

essential items are not missing. If any Scouts need to borrow any equipment (e.g. roll mats) we will find it from the stores and give it to the Scout then. The kit can then be left in the Scout hall until we leave on Wednesday. Scouts will be given a list of essential items they need to add to their kit.

### Uniform

As a group of British Scouts travelling in a foreign country our actions will reflect on all British Scouts. Books are often judged by their covers and people we meet both during the journey and at KISC will judge us on how we look. Every Scout must wear full Scout uniform and this includes:

- Scout Shirt
- Scarf – (Group scarf and centenary scarf if you have one)
- Woggle
- Scout Trousers (not for the journey)
- **No jeans allowed** (very cold when wet & take ages to dry plus not very smart!)

Shoes are normally part of the uniform list but will not be required. I am sure all our bags will be pretty full anyway! There will be a few times on camp where we will need to be wearing full uniform.

### What to wear on the Coach

On the departure day, Scouts must turn up at the Scout hall wearing their uniform (scout trousers are optional), but with a T-shirt on underneath, and a travel bag with a pullover or similar. Once we are off the Ferry, Scouts will be allowed to take their shirts and scarves off. When we arrive at KISC we will all

### Final Checks

Before each Scout travels we will be performing the following final checks. These checks will be performed at the kit check or on the day of departure.

- We have a copy of the Scout/Explorer's EHIC
- We have a copy of the Scout/Explorer's passport
- We have the Scouts medical form
- We have a signed permission to camp form
- We will collect the Scout/Explorer's EHIC card
- We will collect in the Scout/Explorer's Passport
- Any medicines the Scout/Explorers take have been handed in (in a clearly labeled and sealed container). This excludes asthma pumps that should be carried by the Scout/Explorer themselves.
- The Scout or Explorer must declare they have not packed any electronic items other than a torch.
- The Scout/Explorer's have had their kit checked and been issued with a 'missing items' list.

- The missing items list has been returned, and the items packed.
- The Scout/Explorer has been issued with luggage labels.
- The Scout/Explorer is wearing full uniform
- The Scout/Explorer has a warm jumper in hand luggage to wear whilst traveling.

There will be no access to luggage stored in the hold of the coach during the journey.

### **DATES FOR YOUR DIARY:**

**\*\*Kit Check\*\***

**Monday 13th August  
7.30pm - 9pm**

**Ted Ray Scout Hall,  
Springbank Road**

**All attendees to attend  
with their kit to be checked  
that they have everything  
needed to go on the trip.**

## CAMP BANK & HOME CONTACT

### Home Contact Information

Contacting us while we are away:

This article contains vital information concerning how to contact the group whilst we are away. Please keep it to hand throughout the duration of the trip.

Parents are asked not to try to contact leaders on their mobile phone numbers during the trip. All messages should be relayed through the home contacts. We will have three home contacts one of which will be contactable throughout the trip. If you are unable to reach one, try the other two.

There is a payphone at the site which Scouts and Explorers will be able to use to phone home.

**Denise Christy (AGSL 4<sup>th</sup> LS)**  
020 8656 9810  
07910 174 652

**John Roberts (GSL 20<sup>th</sup> LS)**  
020 8697 1553  
07831 405 605

**Linda Slattery (Parent Helper)**  
020 8461 5721

### Spending Money and Camp Bank

Scouts will be away for 11 days and they may wish to bring spending money. Everything is included in the basic price of the trip so Scouts/Explorers will only need spending money for sweats, ice creams, postcards and presents to bring home.

We will be running a camp bank.

This will help minimise the risk of Scouts losing all their spending money on the first day. If Scouts want to use the bank they should bring their spending money in Swiss francs and Morgan will collect this on the departure day. Scouts may wish to bring some sterling to spend on the ferry on the way there and on the way back.

### Overnight Mountain Hutte Stay

On the Tuesday of the Trip we're going to Hike up to the KISC Mountain Hutte and have a sleepover at 1890m high!

It's a fully kitted out Mountain Hutte - check it out on the KISC website. It's a very popular Kandersteg activity but we booked early enough to have the whole Hutte.

We'll cook dinner & then sleep on mattresses. There are two small rooms that sleep 5 & one big room that sleeps 20.

We'll divide the big room up with some rope & blanket screens to give some smaller sleeping areas. If you have any concerns with these arrangements please speak to one of the Leaders.

## **WEBSITE & PODCAST**

**<http://www.20thlewishamsouth.co.uk/Kandersteg2007/>**

Whilst we are in Kandersteg we will be taking photos and recording a Podcast. We will hopefully be using the Internet café in the Scout centre to put these on our website. Parents, family and friends can check out the photos and see and hear what we get up to. The Podcast is a bit experimental but it will be well worth checking out the site from time to time while we are away as it will be regularly updated new material.

To get tot the site visit

<http://www.20thlewishamsouth.co.uk/Kandersteg2007/> and click on the 'Click here for the podcast' link. There is also a section which allows people to leave messages which I will print out whilst on camp and read out to the Scouts & Explorers. This should be used for shout-out type messages and should not be used for personal messages. (All parents will have details of the home contacts who should be used to relay any important messages.)

## **PEOPLE'S DAY SUCCESS!**

**A HUGE thank you to everyone involved in Saturday's marathon effort that was People's Day. The face painting had queues right up until the end of the day (we even had to turn people away), the plants flew off the shelves thanks to Trudy, and the cakes proved popular.**

**In case you are interested, here is a breakdown of the money we raised:**

<b>Plants</b>	<b>£133.00</b>
<b>Tombolas &amp; Soft Toys</b>	<b>£169.00</b>
<b>Beat the Goalie</b>	<b>£83.15</b>
<b>Cakes, Sweets, Raffle</b>	<b>£106.79</b>
<b>Face Painting</b>	<b>£121.85</b>
<b>Scout Collection Box</b>	<b>£42.13</b>
<b>TOTAL PROFIT</b>	<b>£506.92</b>

**WELL DONE EVERYBODY!!**

## Bowling Evening

Many thanks to all those who made it to the Bowling Evening at AMF Lewisham. It was a shame many had School commitments but it's almost impossible to get a date everyone can make. As you'll see in the pictures there were lots of Group T-Shirts & silly hats so it was a relaxed & fun evening. It was especially good to see some people who hadn't made previous meetings.

### Results:

**Lane 7** - Dangerously Psychotic Manic Scouters: Edward, Cassie, David, Khalil & Morgan scored 327 & 513

So average score per game of **84**

**Lane 8** – Robert & John from Thou Artic Fish with George & Luke from South East United scored 309 & 385  
So average score per game of **87**

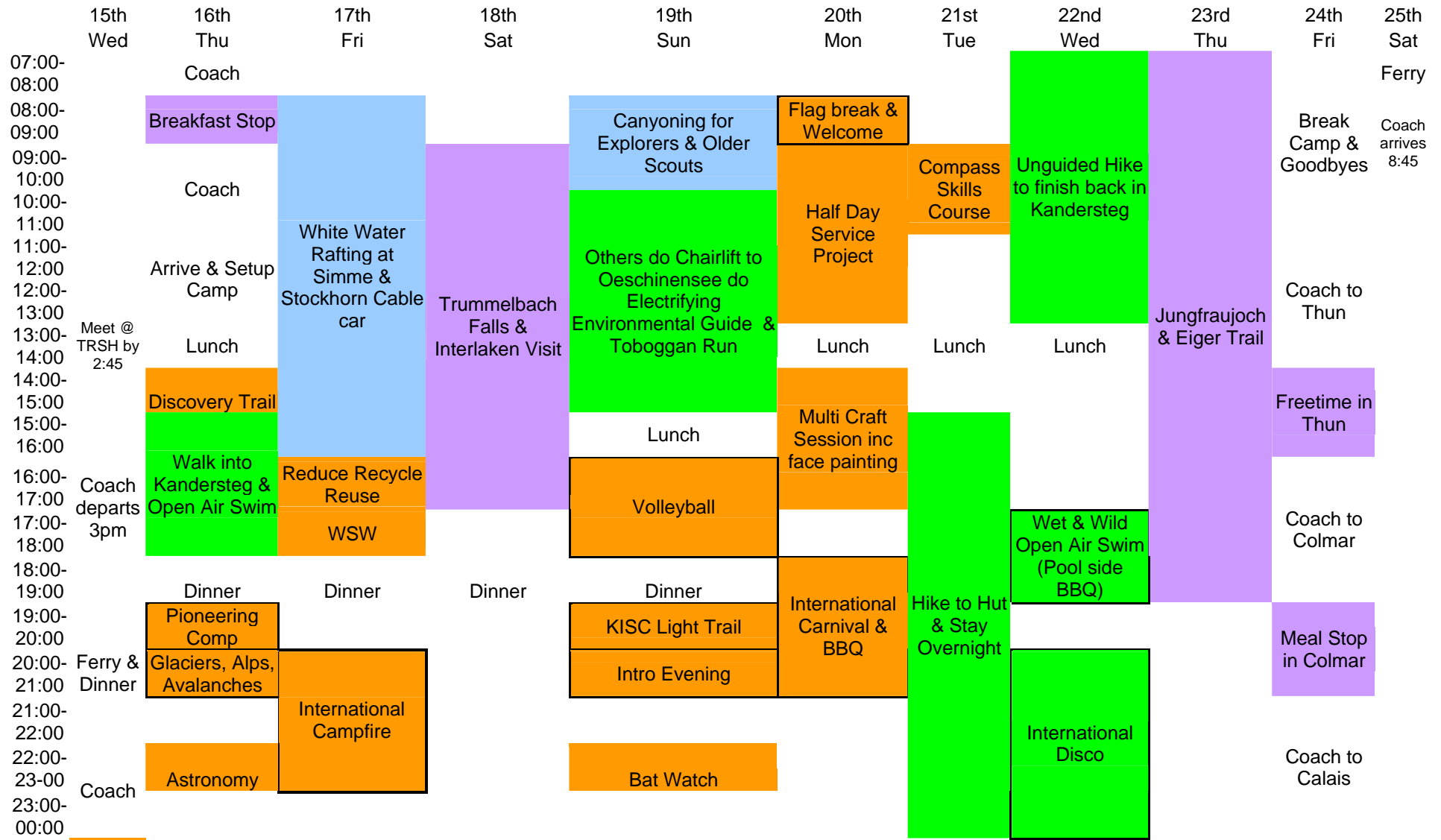
**Lane 9** - South East United: Chloe, Jessica, Little Michael, Big Michael, Barry & Hazel scored 577 & 583  
So average score per game of **97**

**Lane 10** - Mad hatters: Marcus, Sarah, Thomas, Dennis & Gavin scored 446 & 388  
So average score per game of **83**

Unfortunately the printer wasn't working so can't announce all the scores but Morgan did make the highest individual average beating Barry by 3 pins; I'll get you next time!!

The scores don't really matter as there were a mix of ages & use of "Bumpers"!! More importantly it was a great fun evening & we look forward to many more in Kandersteg.





at KISC  
 around Kandersteg  
 adventurous activity  
 coach  
Dark border means event at fixed day\time  
 excursion

## CONTACTS & DIARY DATES

### Contacts:

#### **Robert Metcalf**

Camp Leader  
4<sup>th</sup> Lewisham South Scout Group  
Tel: 0771 491 6071  
METCAROB@metcarob.com

#### **Dennis Oliver**

Scout Leader  
4<sup>th</sup> Lewisham South Scout Group  
dennis.oliver1@ntlworld.com

#### **Barry Goswell**

Scout Leader  
20<sup>th</sup> Lewisham South Scout Group  
Tel: 07702 508391  
barry@20thlewishamsouth.co.uk

#### **Gavin Forsdyke**

Group Scout Leader  
4<sup>th</sup> Lewisham South Scout Group  
gavin.forsdyke@dwp.gsi.gov.uk

#### **Penny Hann**

Scout Leader  
20<sup>th</sup> Lewisham South Scout Group  
Tel: 01689 606 073  
penny@20thlewishamsouth.co.uk

#### **Simon Oliver**

Assistant Scout Leader  
4<sup>th</sup> Lewisham South Scout Group  
cKy.Simon@gmail.com

#### **Hazel & John Savill**

Parent Helpers  
20<sup>th</sup> Lewisham South Scout Group  
hazel&john@20thlewishamsouth.co.uk

#### **Final Kandersteger's Meeting Parents too! See above**

*26th July  
Brownhill Baptist Church  
Brownhill Road  
Catford  
7.30pm - 9.30pm*

#### **NEW DATE - Kit Check**

Monday 13th August  
7.30pm - 9pm  
Ted Ray Scout Hall,  
Springbank Road

#### **Kandersteg Trip Switzerland -**

*Aug 15 - 25, 2007  
We're going!!*